



**ALCOHOL
DETOX
TINTON FALLS**

GOD IS
WITH ME
I CAN'T LOSE



+1 732-889-5400

44 Apple St STE 3, Tinton Falls, NJ
07724, United States

archangelcenters.com





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Alcohol detox looks simple from the exterior. Quit alcohol consumption, wait a couple of days, proceed. Anybody who has actually endured it, or assisted a loved one through it, knows better. The body adapts to alcohol in manner ins which touch rest, high blood pressure, mood, and memory. When the alcohol stops, those systems misfire. Great detox in Tinton Falls maintains you risk-free while those systems reset. Great detox prepares you for the following part of recuperation, the part that lasts.

This guide goes through what alcoholism treatment resembles today in Monmouth County, what occurs in the first 72 hours, exactly how medical professionals take care of danger, and exactly how to select in between options. It includes the trade-offs I discuss with households weekly, and it utilizes local truths to ground the suggestions. Whether you are seeking alcohol detox Tinton Falls for yourself or someone you enjoy, recognizing the surface lowers fear and boosts outcomes.

Detox and rehabilitation are not the very same thing

Detox is the clinically taken care of procedure of getting rid of [inpatient alcohol detox Tinton Falls, NJ](#) alcohol from your system while managing withdrawal signs. It is short, normally 3 to 7 days. The main goal is safety and security. The second objective is comfort.

Rehab is what comes next. It includes therapy, education and learning, medication for relapse avoidance, family members work, and technique living without alcohol. Rehab can be residential, partial a hospital stay, or outpatient. It often lasts weeks to months. Consider detox as a path and rehabilitation as the flight. You require both to reach a destination.

In Tinton Falls, lots of people full detox at a dedicated system, a hospital-based program, or a licensed withdrawal management center, after that step into alcohol rehab Tinton Falls or a close-by outpatient program. Some centers pack both under one roofing system; others coordinate with partner programs around Monmouth County.

The initial telephone call and what admission looks like

Most admissions start with a short phone call. Anticipate to address functional questions: how much you consume, exactly how often, the last drink, case history, present medications, allergies, seizures, episodes of extreme confusion, and mental health and wellness background. Accuracy matters. Under-reporting the last drink or amount can weaken the detox strategy. If you are calling for a liked one, share what you see. Slurred speech, hand tremors in the morning, sweating, or impatience by late afternoon point toward physical dependence.

Timelines vary. If you are at high threat for complex withdrawal, the group will attempt to admit the very same day, sometimes within hours. If risk is moderate, you might have an intended admission window. When beds are tight, staff usually collaborate a risk-free bridge: hydration, vitamins, and a mindful strategy to prevent a dangerous gap.

Insurance confirmation usually runs in parallel. The majority of industrial strategies and Medicaid plans acknowledge detoxification as clinically needed when specific requirements are fulfilled. Expect permission for a brief remain first, with updates sent daily from the scientific team.

If severe symptoms turn up in your home, do not wait. Call 911 or go to the local emergency situation department. Seizures, extreme confusion, high fever, unchecked throwing up, or upper body discomfort need immediate care. In this area, hospital emergency situation departments work with very closely with [alcohol detox](#) detox programs for risk-free transfers when you are stabilized.

Day one and the initial 72 hours

The consumption registered nurse will check important indications, blood alcohol material if pertinent, and area you on a standardized evaluation like CIWA-Ar, a confirmed tool that ratings withdrawal signs and symptoms. You will normally obtain thiamine, folate, and a multivitamin early to shield the brain and stop Wernicke's encephalopathy, which is unusual but major. If you are currently unstable, sweaty, anxious, or nauseated, the physician or registered nurse professional starts symptom-driven medication promptly.

Here is just how the initial stretch commonly unfolds.

- Hour 0 to 12: Consumption, labs, hydration, vitamins, and an initial dosage of medicine if shown. You may feel groggy or troubled. Personnel look at you often.
- Hour 12 to 24: Signs and symptoms can heighten. Tremor, anxiousness, bad rest, and high blood pressure spikes prevail. Medication doses are adapted to your score and vitals. Simple food, liquids, and brief strolls

help.

- Day 2: If withdrawal threats are greater, this is an essential day. Seizure threat is greater in the initial two days. The team views very closely. Many patients begin to stabilize, with much less drinking and much better sleep.
- Day 3: Symptoms frequently relieve. The team shifts toward preparation. You satisfy a therapist, go over triggers, and map the next degree of treatment. If available, you may attend a short team or a one-on-one session.
- Day 4 to 7: Length depends on intensity, co-occurring conditions, and feedback to drugs. Some discharge on day 3, others require a few more days to land gently.

Families occasionally fear that medicines merely replace one compound with an additional. Done appropriately, detoxification relies on short courses of drugs that reduce as symptoms deal with. The plan is personalized and time-limited.

Medications used in alcohol detox

Most devices make use of symptom-triggered benzodiazepines, due to the fact that this class reduces the danger of seizures and ecstasy tremens when alcohol stops. Usual selections consist of diazepam and lorazepam. Doses are not one dimension fits all. Older grownups, people with liver illness, or those with serious rest apnea need careful adjustments.

Adjuncts reduce details signs and symptoms. Gabapentin can minimize stress and anxiety and sleeping disorders. Clonidine or propranolol assists with free symptoms like rapid heart price and shake. Hydroxyzine or trazodone sustains rest. Antipsychotics such as haloperidol might be made use of briefly for severe frustration or hallucinations, but not as a standalone for seizure avoidance. Thiamine is non-negotiable, offered prior to glucose when possible. Extra extreme or complicated cases often call for inpatient healthcare facility management with IV fluids, electrolyte modification, and continual monitoring.

A great detoxification program aims for the most affordable reliable medicine dosage and stops it as soon as it is risk-free. The objective is not a chemical cushion for weeks. It is risk-free passage.

Understanding danger: that requires inpatient detox

Not everyone needs inpatient detoxification. Light to modest withdrawal can be managed at home with daily facility check-ins and prescriptions, specifically when there is solid social support and no major health conditions. That stated, specific aspects push the range toward monitored care:

- History of withdrawal seizures or ecstasy tremens, even once.
- Heavy or long period of time of alcohol consumption, for instance a pint or more of liquor daily for months.
- Significant medical issues such as heart problem, unrestrained diabetic issues, or liver failure.
- Pregnant people, that need collaborated obstetric and dependency care.
- Lack of a trustworthy sober caretaker at home.

Tinton Autumns has all set access to both inpatient and ambulatory setups. The best suit relies on safety initially, after that logistics and preference.

What rehabilitation appears like after detox

The handoff from detoxification to rehab shapes the following 6 months. Solid programs develop that bridge early. You will likely fulfill a case manager or therapist by day two that schedules the very first visits, prepares transportation when required, and checks insurance coverage. Options consist of:

- Residential rehab, commonly 2 to 4 weeks, for those that need a structured environment without simple access to alcohol.
- Partial a hospital stay, 5 days per week for a number of hours daily, with evenings at home.
- Intensive outpatient, 3 to 4 days per week, generally in the evenings to balance job or family.
- Standard outpatient therapy, once or twice weekly, frequently paired with peer support.

Therapies vary, however cognitive behavior modification and inspirational interviewing are pillars. Several programs in this region add trauma-informed treatment, family members sessions, and skills training for rest, anxiety, and communication. An efficient alcohol rehab Tinton Falls strategy looks mundane on paper but requiring in life: constant treatment, peer connection, medicine when ideal, and day-to-day problem solving in the house and work.

Medication for regression prevention

Detox addresses withdrawal, not yearning or relapse threat. Ongoing alcohol addiction treatment typically consists of drug:

- Naltrexone reduces benefit from alcohol consumption and can decrease hefty drinking days. It comes as a day-to-day tablet or a monthly injection. It is an excellent suitable for several, unless there is intense liver disease or opioid use.
- Acamprosate supports abstinence by relieving post-acute signs and symptoms like interior restlessness. It is dosed 3 times day-to-day and works best as soon as you are alcohol-free.
- Disulfiram produces an aversive response if you drink on it. It benefits individuals that desire a solid external brake and have trusted supervision.
- Off tag medicines such as topiramate or gabapentin can aid some individuals that do not tolerate first-line options.

The option depends upon goals. Somebody going for total abstaining could pick acamprosate or naltrexone. A person attempting to minimize heavy drinking days, en route to abstaining, may start with naltrexone. An individual with serious liver disease calls for additional caution and often favors acamprosate.

A day inside a modern detox unit

The clinical parts are foreseeable. The human components differ. On a normal early morning, vitals and symptom ratings come first, complied with by a light morning meal. A registered nurse look at hydration and sleep. If you really feel uncomfortable, bland foods work best, and ginger tea aids regularly than you would certainly expect. If you rested improperly, the team adjusts the night plan.

Afternoons commonly consist of a short psychoeducation group, if you are up for it, on subjects like triggers, rest health, hydration, and what the next week looks like. People that feel also unstable remain in their spaces and satisfy one-on-one later on. Most devices integrate in quiet hours to reduce overstimulation. A counselor might rest with you to provide telephone number you wish to prevent for a while. Phones are in some cases restricted throughout acute withdrawal to limit stress.

Evenings are low key. Basic motion, a short stroll in the hallway, or gentle extending assists. Team motivate showers and fresh clothing, tiny acts that recover self-respect when your body really feels off. This appears basic, and it is, yet it helps people transform the corner.

Local context in Tinton Falls and Monmouth County

Location matters. Tinton Falls rests near numerous clinical centers and outpatient centers, which reduces the handoff in between detox and rehabilitation. Public transportation is limited, so programs that provide trips or coordinate with family members have a side. Job timetables around the Shore can be seasonal, and evening intensive outpatient teams help those that manage transforming shifts.

Peer assistance is simple to discover. There are Alcoholics Anonymous meetings throughout Monmouth Area, consisting of early morning and lunchtime formats. Some churches and recreation center host non-12-step groups as well. A solid alcohol rehab Tinton Falls strategy frequently consists of a commitment to try numerous meetings, not just one, to locate a great fit.

Legal concerns turn up in this region as all over. If you have a pending drunk driving, tell your counselor. Programs can supply participation paperwork and coordinate with lawyers or probation when suitable, with your composed authorization. Personal privacy legislations shield your details under HIPAA and 42 CFR Part 2, so nothing is shared without your permission.

Special populations and medical judgment

One size never ever fits all. Right here are circumstances where strategies frequently change:

- Older adults metabolize drugs differently, and fall threat is actual. Reduced benzodiazepine doses, slower tapers, and additional focus to hydration and electrolytes protect against complications.
- People with liver disease need mindful medication option. Lorazepam is often favored in severe liver disability since it avoids active metabolites. Naltrexone could be deferred till liver function improves.
- Pregnant patients need coordinated treatment. The top priority is maternal stabilization, fetal surveillance when indicated, and cautious drug selections. Early prenatal synchronisation makes a difference.
- Those with co-occurring mental health problems take advantage of integrated care. Deal with untreated clinical depression, PTSD, or ADHD alongside alcohol use condition. Avoid chasing after one problem at a time.
- People with chronic pain demand realistic strategies. A good program brings discomfort monitoring right into the conversation early, with non-opioid approaches, physical treatment references, and collaborated prescribing.

The usual thread is customization. The appropriate plan is the one you can adhere to securely, not the one that looks suitable on paper.

Cost and insurance coverage without spin

Costs vary extensively. In New Jacket, facility-based detox costs can encounter several thousand bucks for a multi-day stay, but what you pay relies on insurance policy agreements and deductibles. Industrial insurance coverage frequently covers detoxification when criteria are satisfied, with copays that range from moderate to significant depending upon your plan. Medicaid plans in the area cover licensed detox programs, though bed

schedule can fluctuate. If you are uninsured, ask about state financing obstructs or charity treatment screening. Financial therapists can run a quick advantages check prior to admission so you are not surprised.

Medication for regression prevention is typically covered. Naltrexone injection has greater upfront expense, yet many plans authorize it when dental drug has not been effective or adherence is a problem. Drug stores around Tinton Falls know with previous consents for these drugs, however it can still take a day or 2 to process.

Therapy that sticks after detox

People do not regression for lack of info. They relapse when stress spikes, sleep collapses, or they run into an old pattern without a plan. Efficient therapy targets those genuine minutes. If alcohol rehab includes just lectures, you will certainly find out fascinating truths and little else. Programs that mix individual treatment, abilities technique, and peer discussion instruct you to deal with the side situations: the colleague that pressures you continuously, the wedding anniversary of a loss, the night you do not drop off to sleep till 3 a.m.

Look for a plan that rehearses feedbacks. Method claiming no with a complete sentence. Method leaving an event in the initial 15 mins without description. Practice purchasing soda water with lime without a lengthy story. It really feels uncomfortable initially. It obtains simpler quickly.

Medication plus therapy is not a prop. It is a wise pairing. Individuals who utilize both often tend to remain engaged longer.

How to prepare for admission

A short, useful checklist assists the day go smoother.

- Photo ID, insurance policy card, and a listing of current medicines with doses.
- Comfortable garments and basic toiletries, avoiding products that contain alcohol like particular mouthwashes.
- Names and varieties of key contacts, plus any type of lawful documentation you could need.
- A small amount of cash money or a debit card for incidentals if allowed.
- A publication or straightforward activity for quiet periods, since screens may be limited early on.

Leave prized possessions at home. If you wear prescription glasses, bring a back-up instance. If you utilize a CPAP tool for rest apnea, bring it and tell the nurse at intake.

What development really looks like

New individuals occasionally expect a surge of energy once the alcohol leaves. What they really feel is much more refined. The first genuine win is typically a consistent hand. After that a full evening of rest shows up, typically between days 3 and 7. Morning nausea or vomiting fades. Blood pressure stabilizes. The mind gets rid of sufficient to detect patterns.

Cravings come in waves. The very first clean quiet Saturday can really feel vacant and dangerous. A great strategy fills it with simple framework: a conference, a walk, food preparation something you actually wish to consume, a call with somebody risk-free. Over weeks, power returns. Over months, self-confidence expands. The brain's reward system, down-regulated by years of alcohol, recalibrates. It does not break back in a week. It alters with repetition.

Common false impressions that enter the way

Two concepts create a great deal of harm. The first is waiting on excellent preparedness. Readiness is not a door that opens fully. It is a window that fractures. If the home window is open today, action. Programs in Tinton Falls can typically begin the process promptly as soon as you call.

The second is the myth that a person slip gets rid of progression. A slip is information. It informs you where the strategy was thin. Utilize it to reinforce the strategy, not to validate a story that you can not alter. People who frame slides as details get back on the right track faster.

A narrative from the work

A man in his fifties from just outdoors Tinton Falls called one Monday morning after a weekend break he did not keep in mind. He had actually attempted to quit in the past and seized in his kitchen. This moment he can be found in the very same day. The very first 24-hour were choppy. He overslept brief ruptureds, called his bro twice, and anxious he would certainly never steady. On day three, he ate a complete breakfast and strolled the corridor without clutching the rail. He met the counselor, accepted start naltrexone injection before discharge, and attended a tiny group where he said specifically 3 words. A week later he started night intensive outpatient and maintained working early mornings. He noted his progression, not by a grand feeling, yet by tiny notes: consistent hands at 7 a.m., coffee that tasted like coffee once more, a complete storage tank of gas at 10 p.m. Without the urge to detour. Six months in, he still had difficult days. He additionally had a strategy that fit his life.

Choosing in between programs

If you contrast alcohol rehab choices, ask sharp concerns. How do you collaborate from detoxification to rehab? What percent of your detox clients begin medicine for relapse prevention? Exactly how do you deal with co-occurring anxiety or anxiousness? What is your policy on family members involvement? Who assists with transport? Can you share accumulated outcomes, even simple ones like 30-day involvement rates?

Visit if you can. The room does not need to appear like a resort, but it needs to feel organized and tranquil. View just how team greet patients. If they discover your name swiftly and clarify what they are doing before they do it, that is a good sign.

Life in Tinton Falls after discharge

The genuine job starts in your home. Tinton Falls has the advantage of being close to seaside parks and trails. Utilize them. Light everyday workout improves sleep, state of mind, and stress resilience. Easy routines assistance: grocery stores on the same day every week, washing on a timetable, a regular meeting with an enroller or mentor. If your home is high risk, take into consideration a sober living home for a period. Recuperation housing near Monmouth Area differs in top quality, so ask your therapist for vetted options.

If you work in a setting where alcohol is part of the society, like hospitality or sales, be sincere with your supervisor if you have a trusting partnership. Lots of companies will certainly support a phased return or routine changes during very early healing. The Family and Medical Leave Act may apply. A HR discussion before problems surface is much better than one after.

When to seek assistance again

Return early if rest collapses for several nights, if yearnings ramp past your plan, or if old patterns begin to creep back. This is not failing. It is maintenance. Many programs can offer booster sessions, short term medication changes, or a few days of partial hospitalization to reset. Colleagues can help you stabilize this. Individuals that succeed long term use help as a tool, not as a last resort.

The path onward in Tinton Falls

Alcohol detox Tinton Falls is not about white-knuckling in a room until the clock goes out. It is a medically guided reset that secures your mind and body. The relocation right into alcohol rehab Tinton Falls, with treatment and drug when needed, builds a brand-new daily rhythm. Success stays in the average: the coffee that tastes like coffee, the stable hand, the plan for a stressful Tuesday. Modern alcoholism treatment does not hinge on self-control alone. It pairs science with useful assistance, and it values the life you need to return to.

If you or a loved one is taking into consideration a begin, make the telephone call. Ask direct questions. Bring the truth. From there, the group can develop a plan that is safe, sensible, and yours.

Archangel Centers

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724

Phone: +1 732-889-5400

Website: <https://archangelcenters.com/>

Archangel Centers

Archangel Centers is a compassionate addiction recovery and mental health treatment center in Tinton Falls, NJ. We provide evidence-based care for substance use and co-occurring mental health disorders through personalized treatment programs, including Partial Care, Intensive Outpatient Programs (IOP), Outpatient Programs (OP), Virtual Treatment, and Dual Diagnosis Treatment.

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Phone: +1 732-889-5400

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724, US

[View on Google Maps](#)

Business Hours

- Monday: Open 24 hours
- Tuesday: Open 24 hours
- Wednesday: Open 24 hours
- Thursday: Open 24 hours
- Friday: Open 24 hours
- Saturday: Open 24 hours
- Sunday: Open 24 hours

Programs & Services

- Partial Care Program
- Intensive Outpatient Program (IOP)

- Outpatient Program (OP)
- Virtual Treatment Program
- Mental Health Treatment
- Dual Diagnosis Treatment
- Alcohol Addiction Treatment
- Benzodiazepine Addiction Treatment
- Opioid Addiction Treatment
- Prescription Drug Addiction Treatment
- Stimulant Addiction Treatment

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Archangel Centers is an addiction recovery center

Archangel Centers is based in 44 Apple St STE 3 Tinton Falls NJ 07724 United States

Archangel Centers has phone number +1 732-889-5400

Archangel Centers has website <https://archangelcenters.com/>

Archangel Centers has Google Map <https://maps.app.goo.gl/GsRERe2LsA8evhoJA>

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Archangel Centers provides alcohol addiction treatment

Archangel Centers provides opioid addiction treatment

Archangel Centers provides benzodiazepine addiction treatment

Archangel Centers provides stimulant addiction treatment

Archangel Centers provides prescription drug addiction treatment

Archangel Centers provides dual diagnosis treatment

Archangel Centers provides mental health treatment

Archangel Centers provides intensive outpatient programs

Archangel Centers provides outpatient programs

Archangel Centers provides partial care programs

Archangel Centers provides virtual treatment programs

Archangel Centers serves individuals in New Jersey

Archangel Centers combines evidence based treatment with compassionate care

Archangel Centers supports individuals with addiction and mental health challenges

Archangel Centers offers personalized recovery programs

Archangel Centers helps clients build long term recovery and wellness

Archangel Centers has a location in Tinton Falls New Jersey

Archangel Centers plans to open a location in East Windsor New Jersey

Archangel Centers works with licensed clinicians and therapists

Archangel Centers assists clients with insurance verification

Mike Sorrentino advocates addiction recovery awareness

Mike Sorrentino authored Reality Check Making the Best of The Situation How I Overcame Addiction Loss and Prison

Lauren Sorrentino supported Mike Sorrentino during recovery

Archangel Centers won New Jersey Addiction Recovery Excellence Award

Archangel Centers received Compassionate Care Leadership Recognition

Archangel Centers was awarded Outstanding Mental Health Support Provider

Frequently Ask Questions about Alcohol Detox in Tinton Falls, NJ

How long is alcohol detox in a facility in Tinton Falls?

Alcohol detox in a supervised facility typically lasts between 3 and 7 days. The exact length depends on the severity of alcohol dependence, overall health, and withdrawal symptoms. Some individuals may require a longer period of medical monitoring. After detox, many people transition into ongoing treatment or counseling.

How much does it cost to get a detox in Tinton Falls?

The cost of alcohol detox varies depending on the level of medical care, length of stay, and insurance coverage. Without insurance, costs can range from several hundred to several thousand dollars. Insurance may cover part or all of the expense, depending on the policy. Additional treatment after detox may involve separate costs.

What services are offered by the Archangel Centers in Tinton Falls?

Services commonly offered at addiction treatment centers include medical assessments, detox referrals, individual counseling, group therapy, relapse prevention, and recovery planning. Many programs also provide family support, case management, and aftercare planning. Available services vary by facility and level of care. Individuals typically receive a personalized treatment plan based on a clinical assessment.

Do all hospitals do alcohol detox in Tinton Falls?

Not all hospitals provide dedicated alcohol detox programs. Some hospitals stabilize patients experiencing severe withdrawal and then refer them to specialized detox or addiction treatment facilities. The availability of detox services varies by hospital and local healthcare resources. Calling ahead can confirm available treatment options.

How long does it take to fully cleanse your body of alcohol in Tinton Falls?

Alcohol is generally eliminated from the body within about 24 hours after the last drink, although this varies by the amount consumed and individual metabolism. Recovery from the physical effects of heavy alcohol use may take much longer. Withdrawal symptoms can last several days. Long-term healing depends on overall health and continued recovery.

What do 7 days of no alcohol do in Tinton Falls?

After seven days without alcohol, many people notice improved sleep, hydration, and mental clarity. Blood alcohol is fully eliminated well before this point, and early withdrawal symptoms often begin to improve. Energy levels and concentration may also increase. Individual experiences vary depending on previous drinking patterns and overall health.

How long until alcohol is 100% out of your system in Tinton Falls?

For most people, alcohol is completely eliminated from the bloodstream within approximately 24 hours after the last drink. The exact timing depends on body size, liver function, and the amount of alcohol consumed. Standard alcohol tests may detect alcohol for different lengths of time depending on the testing method. Recovery from alcohol use extends beyond the time alcohol remains in the body.

What are the stages of alcohol detox in Tinton Falls?

Alcohol detox typically begins with mild symptoms such as anxiety, sweating, nausea, and tremors within the first day. Moderate symptoms may develop over the next one to three days, and severe cases can involve seizures or delirium tremens. Symptoms usually begin to improve after several days with appropriate medical care. The severity varies depending on the individual's history of alcohol use.

How much is 3 months of rehab in Tinton Falls?

The cost of a three-month rehabilitation program varies based on the type of care, accommodations, and insurance coverage. Without insurance, expenses can range from several thousand to tens of thousands of dollars. Outpatient programs generally cost less than residential treatment. Insurance may significantly reduce out-of-pocket costs.

What is a cheap detox in Tinton Falls?

Lower-cost detox options may include publicly funded programs, nonprofit organizations, or facilities that accept Medicaid or other insurance plans. Community health programs may also provide financial assistance for eligible individuals. Costs and eligibility requirements vary by provider. A medical assessment is important to determine the appropriate level of detox care.

Looking for Alcohol Detox in [Capelli Sport Complex - Monmouth County, NJ](#)? Professional alcohol detox programs provide a safe and supportive environment for individuals beginning their recovery journey. Medical supervision, personalized care plans, and compassionate support help manage withdrawal symptoms while preparing patients for the next steps in long-term addiction treatment and recovery.