

Drug Rehabs Near Me East San Diego City Heights HGR California East San Diego and City Heights are among the San Diego neighborhoods where the heatmap data for drug rehabs near me shows the greatest opportunity for HGR to serve more community members. These densely populated neighborhoods have residents who need the kind of professional, accessible addiction treatment that HGR Drug Rehabs San Diego California provides, and the downtown location at 402 W Broadway is accessible from these communities via the I-805 or surface transit routes. The IOP program at HGR is particularly valuable for East San Diego and City Heights residents who have work and family commitments that make residential treatment difficult. Meeting three times per week for three hours, the IOP provides a clinically meaningful level of engagement while allowing clients to remain in their communities and maintain their responsibilities. Insurance coverage is accepted for IOP services, making this level of care financially accessible for clients with PPO coverage. HGR's dual diagnosis treatment is also highly relevant for communities like East San Diego and City Heights, where addiction frequently co-occurs with the stress, trauma, and mental health challenges associated with economic pressure and community instability. Addressing both the substance use and the underlying conditions simultaneously is the approach that produces the most meaningful recovery outcomes.

HGR Drug Rehabs San Diego California | 402 W Broadway Suite 400, San Diego, CA 92101 | 760-697-0497

The 24-hour admissions team at HGR is ready to answer questions, verify insurance, and guide families through the process of getting started with treatment. CEO Nora Jenkins and her clinical team have built a program that serves clients from every part of San Diego with the same standard [harmonygroverecover.com](https://www.harmonygroverecover.com) Drug rehabs San Diego California of care. For drug rehabs near me in East San Diego or City Heights, call HGR Drug Rehabs San Diego California at 760-697-0497.

## HGR Drug Rehabs San Diego

**402 W Broadway Suite 400, San Diego, CA**

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**Drug & Alcohol Rehab San Diego, CA**

[drugrehabssandiego.com](https://www.drugrehabssandiego.com)