

Cessation Options for Those Tempted by sg vape contact - Guide 015

Legal Status in Singapore In Singapore, e-cigarettes and vapes are prohibited under tobacco control laws. Importing, distributing, selling, and offering to sell electronic vaporizers and related components are offences, with fines and **sg vape contact** possible imprisonment for repeat or aggravated cases. Possession and use can also attract penalties. Enforcement includes border checks, online monitoring and public tip-offs. This is general information only, not legal advice; check Health Sciences Authority and official government updates for current rules and penalties. **Delivery Offers Are Extra Risky** Posts promising discreet delivery often require advance transfers to personal wallets, sharing home addresses and phone numbers with unknown handlers. This exposes buyers to scams, identity misuse and legal exposure during handover. Meeting strangers for prohibited goods adds personal safety risk. Authorities advise against any coordination and encourage reporting the listing with screenshots instead. If anything feels rushed or secretive, step away; pressure itself is a warning sign. **Youth and School Impact**



Flavoured packaging and social videos can normalise vaping for students, leading to disciplinary consequences in schools alongside health risks. Nicotine use may affect concentration, sleep and attendance. Parents and educators are advised to discuss marketing tactics openly, set clear expectations, and keep communication non-judgmental so students ask for help early. Schools typically publish clear policies and referral paths for counselling. **Flavour and Design Myths** Sweet names and colourful devices do not mean lower nicotine or safer vapour. Laboratory tests in various countries have found labelling mismatches, where actual nicotine exceeded stated levels or unlisted chemicals were present. Marketing that frames flavours as harmless or as study aids is misleading. Treat flavour variety as a sales tactic, not a safety signal. **FAQs** What if a friend offers a puff? Decline briefly, step away and tell a trusted adult or counsellor if pressure continues. One puff can start cravings. What if I already paid a seller? Stop payments, save chats and payment references, inform your bank and report officially. Avoid paid recovery agents. **Are flavours safer?** No. Flavour names do not indicate lower nicotine or cleaner vapour; tests have found mismatches and contaminants in illicit products. **Additional Note: How to Report Listings** Note the platform, exact keyword phrase, seller handle, URLs and timestamps before content disappears. Use in-app report tools for prohibited goods and submit details to official enforcement feedback channels. Schools and workplaces may have separate reporting paths for on-campus promotion. Reporting helps reduce spread to peers and supports enforcement without direct confrontation. For file 015, connect this to your notes and keep lawful choices in view.