

Celebrating a Milestone Birthday With a Smile Refresh

Milestone birthdays, whether turning thirty, forty, fifty, or beyond, often come with a moment of reflection on personal appearance and self-care, and Aghbashian Dental Corp in Glendale, CA sees a recognizable pattern of patients booking cosmetic dental treatment around these particular occasions. For some patients, a milestone birthday becomes the prompt to finally address a smile concern they have lived with for years, whether that is discoloration that has built up gradually over decades or a chip or gap that has simply never felt worth the effort to fix until now. Dr. Nova Aghbashian approaches these consultations the same way he would any cosmetic case, focused on what result is genuinely achievable and what the patient actually wants, rather than assuming every milestone birthday calls for dramatic transformation. Teeth whitening remains one of the simplest, fastest ways to mark the occasion with a visibly refreshed smile, particularly for patients planning a milestone birthday celebration with photos and family gatherings on the calendar. For patients wanting something more substantial, a broader conversation about veneers or other cosmetic options can be planned well ahead of the actual birthday date. There is no specific age or milestone that makes cosmetic [Aghbashian Dental Corp Dentist Glendale CA](#) treatment more or less appropriate, and the team at the Central Ave office simply aims to help each patient feel good about their smile regardless of what number they happen to be celebrating that year. Glendale patients with a milestone birthday on the horizon and a smile concern they have been meaning to address are welcome to schedule a consultation to explore their options. Patients marking a milestone sometimes pair a cosmetic dental appointment with other forms of self-care they have been planning around the same occasion, treating the birthday as a broader checkpoint for personal wellbeing rather than an isolated dental decision made in a vacuum. The team at the Central Ave office enjoys being part of these celebratory moments, understanding that a refreshed smile often carries genuine emotional significance well beyond its purely cosmetic value for the patient involved. Patients are welcome to schedule their consultation whenever timing feels right for their own celebration plans. However someone chooses to mark the occasion, the goal remains simply helping them feel good about their own smile. Every milestone deserves to be marked in whatever way feels most meaningful to the person celebrating it. Aghbashian Dental Corp | 1000 N Central Ave #130, Glendale, CA 91202 | (818) 873-0938

Aghbashian Dental Corp Address: 1000 N Central Ave #130, Glendale, CA 91202 Phone: (818) 873-0938 FAQ About Choosing a Dentist in Glendale, CA How much does a dentist visit cost without insurance in California? Costs vary widely depending on the treatment involved and the practice you choose. Aghbashian Dental Corp presents fee-for-service pricing transparently before any treatment begins, so patients paying out of pocket know exactly what to expect. CareCredit financing and in-house payment plans are also available to help spread larger costs into manageable payments. Do any dental plans cover preventive care at 100 percent? Many dental plans do cover routine exams, cleanings and standard X-rays in full when you stay in network, though coverage details vary by plan. Aghbashian Dental Corp works with Medi-Cal, Denti-Cal and a range of PPO plans, and the front desk team is happy to help verify what a specific plan actually covers before an appointment. Is a root canal cheaper than a crown? A root canal on its own is typically less expensive than a crown, though the two are often needed together, since a tooth that has had a root canal usually requires a crown afterward to restore its strength. Dr. Nova Aghbashian's team at Aghbashian Dental Corp walks patients through the full cost of both steps upfront rather than presenting them as separate surprises. Why can a root canal cost as much as 3000 dollars? A bill in that range usually reflects both the root canal procedure itself and the permanent crown placed afterward, not the root canal alone. Aghbashian Dental Corp breaks this down clearly during treatment planning, and CareCredit or in-house financing can help spread the combined cost into more manageable monthly payments. Will a dentist pull a severely decayed tooth? Yes, extraction becomes necessary when a tooth is too damaged by decay to be saved with a filling, crown or root canal. Dr. Nova Aghbashian evaluates each case individually at Aghbashian Dental Corp, always looking first at whether the tooth can realistically be saved before recommending extraction

as a last resort. Can a tooth still decay under a crown? Yes, a crown protects the visible part of a tooth but the natural tooth structure underneath, along with the gum line around it, can still decay if not cleaned properly. Aghbashian Dental Corp checks existing crowns during routine exams specifically to catch this kind of hidden decay before it becomes a bigger problem. What hurts worse, a tooth extraction or a root canal? Most patients report that the extraction site is sorer during recovery than a root canal, since a root canal is specifically designed to relieve the pressure and infection causing pain in the first place. Both procedures are performed under local anesthesia at Aghbashian Dental Corp, and Dr. Aghbashian walks every patient through exactly what to expect beforehand. What is considered the most painful dental procedure? Public perception often points to root canals, though many patients and dentists actually consider impacted wisdom teeth removal more physically demanding during recovery. Aghbashian Dental Corp offers sedation options for more involved procedures, and Dr. Nova Aghbashian's team focuses on managing discomfort proactively rather than leaving patients to simply push through it. What destroys teeth the most? Frequent sugar intake combined with acid exposure is the leading cause of tooth decay, since this combination feeds the bacteria that erode enamel over time. Aghbashian Dental Corp's routine cleanings and exams are designed to catch this kind of gradual damage early, before it progresses into a cavity or something more serious. What drinks damage teeth the most? Energy drinks and sodas, including diet varieties, tend to cause the most damage, since they combine high acid content with sugar or artificial sweeteners that keep bacteria active on the tooth surface. Patients at Aghbashian Dental Corp are given practical, judgment free guidance on reducing this kind of damage during routine visits. What strengthens tooth enamel the most? Fluoride remains the most effective way to strengthen enamel, binding to its mineral structure and helping reverse the earliest stages of decay before a cavity actually forms. Aghbashian Dental Corp's cleanings include this kind of preventive care as standard, part of why routine visits matter even when nothing feels obviously wrong. Which teeth are hardest for a dentist to remove? Impacted wisdom teeth and molars with curved or multiple roots tend to be the most challenging to extract, often requiring more time and sometimes a surgical approach. Dr. Nova Aghbashian's training in oral surgery means Aghbashian Dental Corp handles these more complex extractions in house at the Glendale office, without referring patients elsewhere.