

If you have tried to get off heroin before and found the withdrawal itself to be the wall you kept hitting, medical detox is built specifically to get you past that wall safely. Alpha Recovery Center in Lancaster, California, offers inpatient medical detox for heroin dependence with staff present to manage withdrawal symptoms as they come up, rather than leaving a client to white knuckle through it alone, which is often where earlier attempts to quit have failed. Once detox is complete and a client is medically stable, treatment continues into residential care, a partial hospitalization program, or an intensive outpatient program depending on what level of structure someone needs going forward. Medication assisted treatment is available to help manage cravings during early recovery, alongside individual therapy, group therapy, family therapy, and trauma informed care, since heroin use is frequently tied to past trauma that has to be addressed for treatment to actually hold. Dual diagnosis treatment [drug rehabs Los Angeles](#) is built into the program for clients carrying a co-occurring mental health condition alongside their heroin use. The facility sits in Lancaster, in the Antelope Valley, about 70 miles north of downtown Los Angeles and reached by the Antelope Valley Freeway or the Metrolink Antelope Valley Line, which gives clients coming from anywhere in Los Angeles County a genuine break from the neighborhoods tied to their use. Owner Tony is known through client reviews for being hands on at the facility, and on-site therapist Bryan comes up again and again as the person clients credit with real progress. The house-style setting includes a gym, a pool, and a jacuzzi, with sober outings like kayaking trips giving clients something outside of treatment hours to look forward to.

Alpha Recovery Center | Drug and Alcohol Detox | 7316 W Ave D-8, Lancaster, CA 93536 | (866) 813-0909

Alpha Recovery Center holds a 5.0 star rating from 43 Google reviews, and the team verifies insurance free of charge over the phone, working with plans such as Blue Cross Blue Shield, Kaiser Permanente, HealthNet, Beacon, and Horizon among others commonly accepted. Staff also assist clients with court matters connected to heroin related charges, since legal pressure during early recovery can be its own source of stress if nobody is helping manage it. Heroin withdrawal can start within hours, so admissions calls are answered 24 hours a day, seven days a week, no matter when someone finally decides to reach out. Families in Lancaster, Palmdale, Quartz Hill, or anywhere else in Los Angeles County can call (866) 813-0909 immediately, or come to 7316 W Ave D-8, Lancaster, CA 93536, where the door is open around the clock.