A metronome is one of the most useful practice tools in music. *free metronome* It produces a steady click at a chosen speed, measured in beats per minute (BPM), and trains you to play evenly.

Choose your BPM first

Start slowly. For a new piece, a tempo around 60 BPM, one click per second, is a good starting point. If the score gives a number, begin at about 70% of that speed.

Set the beats per bar

Most popular music are in 4/4, so the first beat of every four is accented. Waltzes use 3/4, and many folk tunes are in 6/8.

Count a bar first

Let the click run for one full bar before you start. Then come in on beat one and aim to metronome hide the click under your notes.

Step 4: Increase the tempo gradually

Once a passage feels easy, add a few BPM. Small steps build speed without building mistakes. Online tools like MetronomeWorld can even raise the tempo for you with a speed trainer.

Practise like this for ten minutes a day will improve your timing faster than you expect.